# 

# New BDU wear test gets mixed feedback

Senior Airman Susan Stout 56th Fighter Wing

LUKE AFB, Ariz. — More than 100 men and women at Luke AFB are currently wear-testing the new blue, green and gray tiger stripe utility uniform.

The wear test, which is scheduled to last through September, will help officials determine if the prototype uniform can endure the rigors of Air Force life.

Participants in the wear test must maintain a log documenting such things as how often the uniform is washed, what type of detergent is used, how the uniform looks after drying, how comfortable it is in work environments and whether or not it fades after washing.

Officials are looking for comments from test participants as well as those not wearing the uniform. Opinions have varied, but some say they really like it.

"There is not doubt this uniform gives us a more modern look," said Staff Sgt. Jerry Diveney, 56th Communications Squadron radar maintenance technician. "The look brings tomorrow's Air Force into today."

The uniform material, which is designed to be more breathable, softer and lighter, is easier to maintain, according to test

Many have commented on the blue not being an effective camouflage. Officials said preliminary tests with infrared goggles suggest the new uniform camouflages even better than the current BDU pattern. More extensive tests will be conducted to determine its effectiveness in several environ-

Although costs have not been determined yet for the new uniform, Air Force officials said the upkeep of the uniform will be less than the old uniform since it will not require dry cleaning or starching.

Another measure to cut costs with the uniform is the removal of organizational patches on the uniform. Officials hope this will make it more affordable and versatile because adding, removing or changing patches when moving to different units can be expensive.

"I ask that you take an objective look at the new uniform," said Air Force Chief of Staff Gen. John Jumper. "It will be a distinctive Air Force uniform designed to fit well, look sharp and require much less maintenance than the current uniform."





Col. Stephen Wilson, 14th Flying Training Wing commander, receives a salute from incoming 14th Operations Group commander Col. David Lewis during a change-of-command ceremony Wednesday.

# **New OG commander arrives**

Tech Sgt. Jim Moser 14th Flying Training Wing

The 14th Operations Group entered a new era during a changeof-command ceremony at 8:14 a.m.

Col. Mike Holmes relinquished command of the group to Col. David

Colonel Holmes leaves Columbus AFB to become commander of the Johnson AFB, N.C.

"It has been an honor to serve with you ...," said Colonel Holmes to the members of the 14th OG present at the ceremony

"Today is a milestone in the operations group," said 14th Flying

Training Wing commander Col. Steve Wilson, who presided over the event. "The 14th Operations Group will continue under great leadership.

Colonel Lewis arrives at Columbus AFB from the Naval War College in Newport, R.I., where he was a professor of strategy and poli-

His former assignments include 4th Fighter Wing at Seymour 52nd Operations Group deputy commander, Spangdahlem AB, Germany, ers." and 428th Fighter Squadron commander, Cannon AFB, N.M.

Colonel Lewis is a command pilot with more than 2,900 flying hours in the T-37, T-38, and F-16 A/B/C/D.

His list of military decorations

include a Bronze Star, Aerial Achievement Medal, Meritorious Service Medal with three oak leaf clusters, Army Valorous Unit Award, [Colonel Lewis] is a warrior and a Air Force Outstanding Unit Award with eight devices, Air Force Organizational Excellence Award, and two Kuwait Liberation Medals.

"The Air Force does not need pilots," Colonel Lewis said. "Yes, you heard me correctly. Delta Airlines and Southwest Airlines need pilots. The Air Force needs war fight-

The 14th OG is comprised of six squadrons and is responsible for training about 450 pilots a year. The group has more than 200 aircraft and flies approximately 67,000 sorties

T-1A Goal: 2604.0 hrs, Flown: 2525.8 hrs, T-37 Goal: 3290 Flown: 2358 T-38C Goal: 1425 Flown: 1154 Mission Report Flying hours: Tuesday: 6:45 a.m.-8:15 p.m.; Wednesday: 6 a.m.-8 p.m.; Thursday: 6 a.m.-7:30 p.m.; July 9: 6 a.m.-8 p.m.; July 11: 11:30 a.m.-5:15 p.m.

NEWS 2 Silver Wings July 1, 2004

# General revises clothing policy for Airmen deploying to SWA

Staff Sgt. Todd C. Lopez

379th Air Expeditionary Wing Public Affairs

**SOUTHWEST ASIA** — All Airmen deploying to the Central Command area of responsibility must now ensure the clothing they pack is in step with a recent dress and appearance policy revision now in effect.

The most significant change requires Airmen to wear either desert camouflage uniforms or physical training gear while on an Air Force installation in Southwest Asia, said Lt. Gen. Buck Buchanan, U.S. Central Command Air Forces

When the Air Force physical training uniform is made available, it and DCUs will be the only authorized clothing for Airmen assigned to units in theater, unless they are specifically authorized to wear something else, the general

General Buchanan's new policy ensures the Airmen's attire portrays a positive military image and supports the area's force-protection posture.

"As a military community, we are increasingly taking on the role of U.S. ambassadors." General Buchanan wrote in

forces. Accordingly, I have reviewed proper order and discipline requirements and force-protection policies, in regards to dress and appearance, to ensure every possible step has been taken to portray a positive military image and to protect the personnel assigned to this command."

appearance requirements, which parallel the new CENTAF policies, will be the standard for deployed Airmen.

Because the Air Force PT uniform is still in development, Airmen are authorized to wear civilian-style PT gear as long as it is conservative, professional and with only minimal and appropriate decoration. Shirts must have sleeves and be predominantly a solid color. Shorts must reach to the mid or lower thigh and cannot be made of spandex, the general said.

For duty-related tasks that require civilian clothing, for military travel in and out of the theater, and for locations where Airmen are authorized to leave the installation for culclothing. The policy defines "conservative" as sleeved shirts and dress pants or jeans, which fit properly and are a solid, dark color and are in good repair.

Shoes should also be conservative and sturdy. Well-mainthe policy letter. "We must also ensure protection of our tained sneakers or hiking boots are recommended while personnel readiness flight at Ext. 2594.

open-toed shoes, sandals and "flip-flops" are prohibited.

The policy gives installation commanders the leeway to authorize people to wear civilian clothing for specific official duties or visits, special activities and specialized PT such as swimming, weight lifting, basketball and volleyball. The At Army installations in the region, the Army dress and clothing authorized in these instances will be conservative as defined and posted by installation commanders.

A new policy letter specifically states that Airmen deploying to the AOR should bring only a "minimum amount of civilian clothing," defined as no more than two dress outfits and/or two casual outfits, not including standard or specialized PT gear.

"How military members present themselves both on and off duty continues to be an important part of the effect our presence has at locations across the globe," General Buchanan said. "This policy ensures our Airmen's dress and appearance give the same professional impression that their tural or recreational activities, they must wear conservative tireless accomplishment of the mission does every day. And as importantly, the conservative, low profile it creates reinforces our force-protection goals and operations in the the-

For more information or a copy of the policy letter, call the

#### **PUBLIC NOTICE**

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of the 14th Medical Group, Columbus Air Force Base on 21-23 July 2004.

The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which, accreditation should be awarded the organization.

Joint Commission standards deal with organization quality and safety-of-care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint

Commission's field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Address such requests to:

> **Division of Accreditation Operations** Office of Quality Monitoring Joint Commission on Accreditation of Healthcare Organizations One Renaissance Boulevard Oakbrook Terrace, Il 60181

> > faxed to (630)792-5636 e-mail to complaint@JCAHO.org

The Joint Commission's Office of Quality Monitoring will acknowledge in writing or by telephone requests received 10 days before the survey begins. An account representative will contact the individual requesting the public information interview prior to survey, indicating the location, date and time of the interview and the name of the surveyor who will conduct the interview.

This notice is posted in accordance with the Joint Commission's requirements and may not be removed before the survey is complete.

# Go 4th event bus stops

Buses are available to transport base residents to Go 4th events. Buses begin running at 4 p.m. and stop only after everyone gets home. Buses will stop at the following locations about every half hour:

#### CAPITAL VILLAGE/ ENLISTED DORM

Enlisted Dorm parking lot Bus stop on Capital Avenue Playground area on Capital Avenue Bus stop shack on Salem Drive

#### STATE VILLAGE/ MAGNOLIA VILLAGE

Magnolia Village

Bus Stop on Independence Drive and Aberdeen Avenue Bus stop on Clay Street Bus stop on Columbus Circle Bus stop on State Loop Bus stop on Mississippi Avenue

**NOTE:** *EXCEPT for the enlisted dorm parking lot and the* playground area on Capital Avenue, all stops mentioned above are existing school bus shelters.



#### Commissary and exchange hours

The commissary will be closed all day Sunday and will reopen at 10 a.m. Tuesday.

The exchange will hold regular business hours Sunday and will close Monday. For more information, call the commissary at 434-7106 and the exchange at 434-6013.

#### Fireworks safety

BLAZE TEAM members are reminded that no personal fireworks, including sparklers and firecrackers, are allowed on base. For more information, call Ext. 7277.

#### Electronic waste collection day

July 10 is electronic waste collection day. Base residents wishing to dispose of electronic items must have them on the curb by 9 a.m. July 9.

Acceptable items include computers, copiers, printers, cell phones and related accessories, video game systems, security equipment, radios, scanners, fax machines, telephones, videocasstte recorders and DVDs, cable equipment, medical equipment (no radiation or radioactive equipment), and televisions. Civil Engineer environmental flight personnel will collect items July 9 and deliver them to the event site July 10.

Off-base residents wishing to dispose of electronic items can drop them off at the recycling center during normal business hours between now and July 9.

To dispose of office equipment or for more information, call Ext. 7160 or Ext. 7406.

## Main gate closure

The last section of Simler Boulevard (from the 14th Security Forces Squadron to the main gate) will undergo construction starting Wednesday. Construction will take approximately one week, with a projected completion date of July 14.

During this time the main gate will be an "entry only" gate from 6 a.m. to 6 p.m. Between these hours, all traffic must exit through the south gate. All base personnel and visitors are asked to be cautious and courteous of construction workers.

#### 14th Flying Training Wing deployed



As of press time, 34 BLAZE TEAM members are deployed worldwide. Two returned this week. Remember to support them while they are away.

# 14th OG consolidates CSS functions

Airman 1st Class Boto Bradford Public Affairs

The 14th Operations Group now has a consolidated orderly room for all of its five squadrons.

"Our goal is to create synergy by having all of our personnelists in one room, thus giving our customers a better product," said Lt. Col. Dave Snyder, 14th Operations Support Squadron comman-

The 14th OG comprises about 1,000 people. Under the old system, each squadron had its own personnelist, many of whom were junior enlisted Airmen. While the in-house shop was convenient for customers, personnelists were swamped, 14th Mission Support Group personnelists said. With several different programs to manage and several more extra duties. Airmen were spread thin with little or no support. Many mandated programs slipped through the cracks, and customer service suffered as a result.

"The new system allows for a lot more focus on core tasks." said 1st Lt. Delena Richeson, officer in charge of the new 14th OG orderly room. "We've started from the ground up — reading the AFI and getting advice from our 14th MSG counterparts, which has

each personnelist to grasp the concept of each program for three months at a time.

Each program will have a primary manager, but this will allow for each CSS staff member to be knowledgeable of all programs, Lieutenant Richeson

The consolidation has also helped to standardize all commander support staff programs, she said.

The new 14th OG commander's support staff is modeled after that of the 14th MSG, the first group in the wing to try out the initiative.

"One benefit to the new system is continuity," said 1st Lt. Tom Haas, 14th MSG commander's support staff officer in charge. "It's easier to juggle two bowling balls than 15 tennis balls," he

There are more benefits to the new

Before, if an Airman couldn't answer a complicated question, the next stop would be the military personnel flight. Now, the 14th OG's commander support staff has two NCOs and an officer in charge on site to give guidance and help answer tough questions.

"This provides for efficient, effective

and instant mentorship and on-the-job training," Lieutenant Haas said. "Now A training rotation schedule allows everyone has someone to call for help."

> Unlike the old system, the new system also allows business to continue should one person take leave.

> "That was the real test of the system," Lieutenant Haas said. "Nothing grinds to a halt because we're all trained. Now we're actually excited about inspector general evaluations."

> During inspections, a poorly organized orderly room can affect the entire squadron. Therefore the goal is to ensure all group level commander support staff programs fit the same standards.

> The new 14th OG orderly room is located at the 14th OSS in classroom four. Hours of operation are 8:30 a.m. to 5 p.m. Monday, Wednesday and Friday. and 7:30 a.m. to 5 p.m. Tuesday and Thursday. This includes night flying

> The commander's support staff handles leaves, awards and decorations, TDYs, EPRs/OPRs, duty status reports, sponsorship programs and more for its active duty squadrons.

> The 43rd Flying Training Squadron will maintain its in-house personnel shop since it falls under the Air Force Reserve Council at Randolph AFB.

For more information, call Ext. 7602.

# Manpower, personnel functions merge

**RANDOLPH AFB, Texas** — Manpower, personnel, and Codes manage the three functions. "Unfortunately, actions education and training functions are scheduled to merge and realign under mission support squadrons at installations throughout the Air Force.

An effective date has not yet been determined, but the change is definitely imminent, officials say.

"Manpower and personnel have been separate disciplines throughout the Air Force's history," said Col. Douglas Bell, Air Education and Training Command's Manpower and Organization chief. "Merging them will provide cradle-tograve processes for human resource management."

"The new organization will better align both military and civilian resources with manpower requirements for mission accomplishment," Colonel Bell said.

The increased emphasis on force development demands a better linkage between manpower requirement determination and resource development and employment, according to the Program Action Directive signed by Air Force Chief of Staff Gen. John Jumper.

often happen within the separate stovepipes that hinder their overall efficiency," according to the directive.

The merger may involve a physical move to mission support squadron locations, but should otherwise be invisible to the customer, said Mr. Bill Friday, the deputy chief of AETC Manpower and Organization.

As part of the realignment at Columbus AFB, manpower, which is currently a part of the Wing Staff Agencies, will be aligned under the 14th Mission Support Squadron. This means that MSS will now be responsible for both manpower and personnel functions.

"Our functions and location will not change," said Senior Master Sgt. Anthony Dant, chief of manpower. "Our day to day activities will remain the same, and there will be no change in the services we provide."

For more information about the merge, call the manpow-Currently, personnel in separate Air Force Specialty er office at Ext. 2341. (Courtesy of AETC Public Affairs.)

## '101 Critical Days of Summer' tip:

Anger is one letter away from danger. Drive safely.

#### COMMENTARY Silver Wings July 1, 2004

# Integrity: Full-time commitment to doing what's right

Lt. Col. Dan Clark 50th Flying Training Squadron

Integrity — one of our U.S. Air Force core values. Kind of a nebulous term, but if it's important enough to be identified as one of our core values, then it's probably worth some extra thought every now and then. Start thinking.

Webster's 2nd New College Dictionary defines integrity as "firm adherence to a code or standard of value" interesting choice of words by "Mr. Webster." First, he chose "firm" — not "part-time," not "typically" and certainly not "especially when things are going well." Integrity is a full-time thing. Pretty straight forward.

Next, Mr. Webster uses "code or standard of value." Herein lies some of the confusion we often experience when striving to understand "integrity." What exactly is this "code?" How and where is it defined? While I'm sure there

are at least a thousand definitions, let me offer you one. That code or standard of value is fulfilled if you simply choose to do what you know is right the first time, every time — even if no one is looking.

As military professionals, we are charged with an incredibly important task — the security and sovereignty of our nation. We enjoy a special trust from our nation, and with it comes great responsibility. Armed daily with incredible information, superior leadership and powerful weaponry, our nation trusts us to make the right decision the first time, every time. With that trust, we are also held to a higher standard of conduct, and that standard is only achievable through spotless personal integrity.

Let's think for a moment about how integrity differs form most things a person can have. Health. You can eat right, exercise, get plenty of sleep and one day out of the blue, be diagnosed with terminal cancer. On the other hand, you can smoke a pack a day, drink a fifth every weekend, live on the couch and enjoy your hundredth birthday with the TV remote in your hand and a chew of tobacco in your mouth. You have some control over your health, but not the final

Financial success. You can strictly adhere to a savings and investment plan, be frugal with your money and plan for the future. Then suddenly, the stock market turns south and a tornado wipes out your home along with all your worldly possessions. Again, you only have limited control Combat readiness. You can train your whole life to be ready to shoot down that MiG (or those 5 MiGs), spend countless hours in the vault studying, prepare your briefs

and fly endless sorties honing your execution airborne. But when the war starts, you might be stationed at a Specialized Undergraduate Pilot Training base and all the MiG kills go to someone else. You have limited control over your career, but not the last word. However, integrity stands alone. Only one person decides

on the quality of your integrity, and that's you. It's either intact because you work every day to keep it that way, or it's broken because you let it break. I've spoken with dozens of new instructor pilots and students throughout my tenure as a squadron commander, and the common denominator among the greatest Airmen is personal integrity.

See INTEGRITY, Page 7

## STRAIGHT TALK LINE

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.

The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Messages are answered in the Silver Wings without

Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at https://columbusweb and the main Web site at www.columbus.af.mil.

Questions and answers will be edited for brevity

#### Concerns regarding yard ticket distribution in base housing

omment: I have a complaint about the policy in use concerning yard tickets. It seems as though the tickets are inconsistently distributed. We cut our grass and edge along the concrete, and we get a ticket saying the curb needs edging with rude comments on the tickets such as "NOW!!" Then our neighbors — who have not cut their grass all year and have huge clumps of grass growing — receive no ticket. I understand that just because my neighbors don't do their yard work, it doesn't mean I don't have to do mine; but the ticket distribution process does not seem very fair.

**esponse:** Thanks for the opportunity to provide everyone feedback on yard tickets. All housing occupants are responsible for

upholding base standards while residing in family housing. While I cannot address individual yard histories, I can assure you that all members in housing are held to the Air Force standards for yards as outlined in CAFB Pamphlet 32-6002. Commanders. who are accompanied by a housing representative, conduct yard inspections. The commanders identify the discrepancies and direct the housing representative to issue tickets. The fact that you have not seen the notices delivered to the occupants in your neighborhood does not mean that they were not written or tracked.

Base Exchange.

Col. Stephen Wilson 14th Flying Training Wing commander

#### SILVER WINGS

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724, Columbus AFB, Miss., phone 434-7069, or e-mailed to silverwings@columbus.af.mil by 2 p.m. Friday. The Silver Wings staff reserves the right to edit or rewrite all copy submitted

Silver Wings Editorial Staff 14th FTW commander Col. Stephen Wilson **Chief. Public Affairs** Mr Rick Johnson **Editors** 

Airman 1st Class Boto Bradford Airman 1st Class Cecilia Rodriguez

#### **Key phone numbers**

Chaplain	434-2500
Civil Engineer Service Desk	434-2856
Civilian Personnel	434-2635
Clinic:	
Family Practice	434-2172
Appointment Desk	434-2273
After Hours Care	434-2273
Columbus Club	434-2489
Commissary	434-7106
Finance	434-2706
Housing Maintenance	434-7370
Inspector General	
Legal Office	434-7030
Military Equal Opportunity	
Security Forces	
Shoppette	
* *	

# Fit to Fight: Ensuring a professional image

Air Force Chief of Staff

peen in effect for nearly six months now, and I am very pleased with what I see going on around our Air Force. Airmen are exercising more and fitness center usage



I'm glad to see so many Airmen incorporating physical fitness into their routine — an active lifestyle can provide important benefits to personal physical and mental wellbeing. But as I've said before, there's a zero percent chance we got the program 100 percent right the first time. I continue to receive feedback and we'll continue to make changes as needed.

In my first "Fit to Fight" Sight Picture, I spoke directly to

commanders about their responsibilities — including their responsibility to ensure their people pass the commander's eyeball test. Feedback suggests this area requires more

As I've said, commanders must be out routinely exercising with their unit to evaluate their squadron's overall fitness and that of individual members. Equally important, commanders must ensure Airmen present a professional image while in uniform. They must lead by example — demonstrating an example of a professional image for their Airmen to follow and enforcing the standards they embody

here will be some individuals who can pass our fitness standards but do not present a professional ■ military image. In these instances, I expect commanders to provide direct feedback to those individuals and, if needed, mandate their participation in the multiple fitness educational programs offered by our health and wellness centers. An upcoming change to our fitness Air Force instruction will clarify commanders'

discretion in referring Airmen for training.

dditionally, I continue to receive feedback regarding the components of the fitness test and regarding the components and second regarding the components are second regarding the form is general will convene a panel of medical experts from inside and outside the Department of Defense to analyze our first year of fitness testing results and determine if our standards are where they need to be. As these standards are reassessed, we will continue to examine how we document unit and individual fitness scores on performance reports.

Silver Wings

This overall review will also include input from commanders to evaluate compliance, identify shortfalls. and recommend course corrections to ensure we are on track with providing an environment that supports fitness and appearance standards.

Physical fitness and a professional image: two important aspects of being an Airman.

(Editor's note: This article is the latest Air Force Chief of Staff Sight Picture and may be accessed from the Air Force issues Web page at www.issues.af.mil.)

# We must remain steadfast, proud throughout battle with terrorism

1st Lt. Steven James 745th Expeditionary Airlift Squadron

**SOUTHWEST ASIA** — Duty, honor, integrity, commitment and sacrifice. Our deployed units across the world are constantly reminded of these five simple, yet significant words.

ism have invoked strong emotions in the hearts and minds of our Soldiers, Sailors, America, its allies and interests. Airmen and Marines.

In front of the world, newspapers, maga-

bring peace and stability to the Middle East.

We see and read about ambushes of coalition convoys, roadside bombs, civilian contractors being tortured and killed, and flag draped coffins carrying the remains of our

While family and friends are left with these images, a seemingly heavy blow to our Recent images of our fight against terror- nation's morale, let there be no question of our will and determination to protect

Our resolve remains steadfast in the face zines and televisions show our struggle to paid the ultimate price wouldn't want it any our values.

other way. The commitment to protect our way of life and to stop the spread of terror is as strong now as it was on Sept. 11. Let there you believe in and to take a stand when othbe no doubt. Our sacrifices are too great.

The brave men and women of our coalition forces and civilian counterparts are extraordinary people who commit their lives on a daily basis to preserve and protect our greatest asset: freedom.

While the media tends to focus on the "gloom and doom" of the war on terror, we must remain on our course. America is proud

I want you to be proud of yourself as well. You have made the choice to fight for what ers may not have done the same. We aren't in our profession for money or prestige, but simply to make a difference in the world and in the lives of oppressed people.

The words duty, honor, integrity, commitment and sacrifice are not just words to us; they are reality. My heart fills with pride knowing that our nation still produces men and women who are asked to lay their lives of international terrorism. Those who have of us and of the sacrifices we make to protect on the line every day and yet do it without question, for we already know the answer.

#### **INTEGRITY** (Continued from Page 6)

(Editor's note: The following is an forefathers in forging our great nation. Independence Day message from Secretary of

AF secretary, chief send July 4th message

the Air Force Dr. James Roche and Air Force Chief of Staff Gen. John Jumper.) Happy birthday, America! For the last 228

years our nation has been the beacon for peace, freedom and opportunity around the world. America earned that reputation through courageous acts of patriotism by our founding fathers and through bravery on battlefields from Bunker Hill to Baghdad.

On Sunday, we'll celebrate with family and friends the joys of peace and the blessings of freedom. As you celebrate. please remember those who paid the ultimate price defending the values established by our

This Independence Day is especially meaningful as we support the rebirth of Iraqi sovereignty and defend freedom far from home. Today, Airmen are deployed all over

the world, engaged on all fronts in the Global War On Terrorism, carrying freedom's torch. Please remember our deployed Airmen in your thoughts and prayers on the Fourth of July.

America looks to you as their representatives of pride, strength and perseverance in times of peace and war. We're

proud of you and salute your great service. We wish you and your families a safe and happy Fourth of July!

It defines the individual. And many times as the individual goes, so goes the team.

To reach the pinnacle of integrity, to be able to do the right thing when everything depends on you — that's what you should seek. However, this ability requires preparation and practice. It doesn't happen accidentally. You reach that pinnacle by standing on a solid foundation, a foundation of doing the little things right.

Challenge yourself daily to maintain integrity in your speech, your thoughts and your actions. If you stumbled yesterday, make today the day you start that journey toward personal integrity. It's easy to falter today if you have no real investment in this integrity thing.

Make the investment — and after a hundred days of making the right choices, you'll think twice before compromising your integrity, before breaking that string. A thousand days, and you'll only have to think once about which choice to make.

Vince Lombardi, former Green Bay Packer coach and one of the greatest football coaches of all time, once said. "Winning is a habit. Unfortunately, so is losing.'

With effort, maintaining your personal integrity becomes a habit — a priceless attribute to you and an asset to your country. Unfortunately, compromising your integrity can also become a habit. Which will you

## AT THE CHAPEL

#### **Catholic Sunday:**

9:15 a.m. — Mass

Silver Wings July 1, 2004

5 p.m. — Confessions

5:30 p.m. — SUPT Mass

#### **Protestant**

#### Sunday:

10:45 a.m.— Traditional worship 1 p.m. — Contemporary worship **Tuesday:** 

Noon — Lunch and Bible study Wednesday:

7 p.m. — Choir rehearsal For information about Islamic. Jewish, Orthodox or other services, call the base chapel at Ext.

### AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the base theater.

#### Friday

"Troy" (R, violence, language and sexuality, 163 min.)

Starring: Brad Pitt and Eric

#### Saturday

"Godsend" (PG-13, violence including frightening images, some sexuality and some thematic material, 102 min.)

Starring: Greg Kinnear and Rebecca Romijn-Stamos.

#### July 9

"Shrek 2" (PG, crude humor, a breif substance reference and some suggestive content, 93 min.) Starring: Voices of Mike Myers

and Eddie Murphy. For more information about

movies, visit the 14th Services Division Web site at www.cafb grapevine.com.

## CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

For more information, call public affairs at Ext. 7068.

Weekdays 9 a.m., noon and 2 p.m. Air Force Television News

## FAMILY **SUPPORT**



COMMUNITY

(Editor's note: All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.)

Financial management workshop: Personal financial management training for grades E-4 and below is from 10 to 11:30 a.m. July 13. Various aspects of money management and control, savings and investment are discussed.

Resumes: A workshop about different types of resumes and how to write an effective one is from 9 to 10 a.m. July 14.

Coping with difficult people: A workshop on how to cope with difficult people in the workplace is from 11 a.m. to 12:30 p.m. July 14. Participants learn how to identify "difficult" people and situations.

Bundles of Joy: A workshop for activeduty Air Force spouses who are pregnant or have a child four months or younger is from 2 to 4 p.m. July 15. Speakers will provide information about finances, labor and delivery, and infant care. The Air Force Aid Society provides a gift package valued at more than \$50.

Remote/deployment briefing: Military personnel going remote or being deployed must attend a mandatory briefing held daily at 9 a.m.

Air Force Aid Society: The AFAS offers 24-hour emergency assistance. Possible aid includes interest-free loans, grants, food, utilities, car repairs and emergency travel.

Personal financial analysis: Individual financial counseling and a financial analysis are available for those planning to make a major financial decision, purchase a home or vehicle, or make a lifestyle changes.

Free childcare: The Childcare for PCS program offers up to 20 hours of free childcare per child for active-duty Air Force people arriving at or departing available within 60 days of departure or arrival. For more information, call Sharon Nichols at Ext. 2790.



#### American idol

Luke Evans, 3, sings "The Star Spangled Banner" for WCBI news correspondents while being interviewed in his home June 24. Luke has been chosen to sing the national anthem during the Go 4th opening ceremony Sunday. The Go 4th celebration will occur regardless of weather conditions.

Relocation assistance: Those relocating or making a permanent change of station can stop by the family support center for information about new bases, checklists to make moving easier and suggestions for traveling with children.

## BASE Notes



Spouse aircraft briefing: A spouse aircraft briefing is at 7 p.m. July 15 at Phillips Auditorium. The purpose of the from Columbus AFB. Certificates are briefing is to familiarize spouses with the various kinds of aircraft, explain how the flying mission operates, and introduce them to the role of a support network Ext. 2504.

when spouses are away. For more information, call Ext. 7158

Thrift Shop: The Thrift Shop, located at Building 345, C Street, is open Thursdays from 9 a.m. to 1 p.m. during July.

Consignments are taken until one hour before closing. Volunteers are always welcome. For more information, call 434-2954.

Stable vacancies: The Magnolia Riding Stables have vacant horse stalls for rent. For more information, call Outdoor Recreation at Ext. 2507.

Smooth Move for Kids: A workshop designed to help children deal with the stress of relocating and leaving family and friends is from 2 to 3 p.m. July 13 at the vouth center. For more information, call

#### Silver Wings July 1, 2004



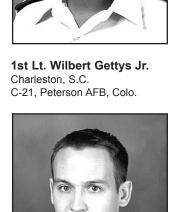
T-1A Jayhawk



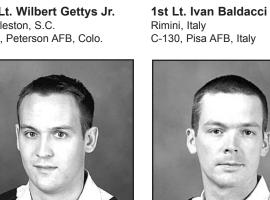
1st Lt. Travis Boltjes Baltic, S.D. (ANG) F-16, Sioux Falls RAP, S.D.



1st Lt. Khomani Shortte Newark, N.J. KC-135, McConnell AFB, Kan.



2nd Lt. Russell Campbell Libertyville, III. A-10, Davis-Monthan AFB, Ariz.



2nd Lt. Michael Crass Milwaukee, Wis. T-38, Columbus AFB, Miss.

# SUPT Class 04-11 earns silver wings

Twenty-two officers have prevailed during a year of training, earning the boprop T-6A Texan 2 at Moody AFB, Ga. Students learn aircraft flight right to be Air Force pilots.

today during a ceremony at the theater.

The graduation speaker is Col. William Andrews, Chief of Precision Engagement Division, J-8, Joint Staff. Colonel Andrews is a command pilot with 4400 hours in the T-37, T-38, F-111, EF-111, F-16, B-1 and KC-135.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recog-

Second Lts. Neil Senkowski, T-1A, and David Madson, T-38, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lts. Louis McDaneld, T-1A, and Travis Passey, T-38. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

Lieutenants Senkowski and Madson were named distin-

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for

The second phase, primary training, is conducted in the twin-engine, subsonic T-37 Tweet. Some complete this phase in the single-engine, tur-

characteristics, emergency procedures, takeoff and landing procedures, Specialized Undergraduate Pilot Training Class 04-11 graduates at 10 a.m. aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

> Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

> > After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twinengine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and nav-

Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

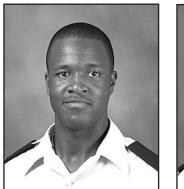
The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400.

Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots.

(Editor's note: The class's pilot partners are U.S. Grounds and Brown Farm Supply.)





1st Lt. Gary Cooper Jr. O'Fallon, III. KC-135, Robins AFB, Ga.



1st Lt. Matthew King Phoenix, Ariz. KC-135, MacDill AFB, Fla.



1st Lt. Stephen Miracle Merritt Island, Fla. B-52, Barksdale AFB, La.



2nd Lt. Robert Keeley Memphis, Tenn. (ANG) C-17, Jackson IAP, Miss.



2nd Lt. Michael Kluse Columbus, Ohio KC-10, McGuire AFB, N.J.



2nd Lt. Jeffrey Hill York, Pa. T-1, Columbus AFB, Miss.



2nd Lt. David Madson Chesapeake, Va. F-16, Luke AFB, Ariz.



2nd Lt. Dan Marich Jr. Phoenix Ariz C-17, McChord AFB, Wash.



2nd Lt. Christopher Marriott Richmond Kv KC-135, Fairchild AFB, Wash.



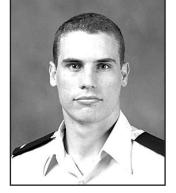
2nd Lt. Louis McDaneld Plattsmouth Neb C-21, Wright-Patterson AFB, Ohio C-21, Scott AFB, III.



2nd Lt. David Paland Madison N.J.



2nd Lt. Gene Pasker Frackville, Pa. (AFRC) C-5, Dover AFB, Del.



2nd Lt. Travis Passey Cheney Wash F-15C, Tyndall AFB, Fla.



2nd Lt. Matthew Plunkett Columbia S.C. T-37, Columbus AFB, Miss.



2nd Lt. Neil Senkowski Chicago, III. C-17, McChord AFB, Wash.



2nd Lt. Giorgio Szabo Baltimore, Md. C-17, McGuire AFB, N.J.

Services Snapshots

# July offers variety of choices for base people, families

can-eat catfish buffet from 11 a.m. to 1 p.m. Fridays. pay a \$5 entry to play. Call Ext. 2490. Cost is \$5.95 for members and \$7.95 for nonmembers.

Customers may still order from the a la carte menu. Call Ext. 2490.

Missoula Children's Theater: Auditions for this free thespian camp presenting "The Frog Prince," for children in kindergarten to 12th grade are at 10 a.m. Tuesday at the youth center. Rehearsals are Tuesday through July 10. The big show is at 3 p.m. July 10 at the youth center. For more information, call Ext. 2504.

All-ranks Sunday brunch: The Columbus Club offers a brunch from 10:30 a.m. to 1:30 p.m. July 11. Cost is \$8.95 for members and \$10.95 for nonmembers. day of camp. Call Ext. 2490.

Mediterranean lunch buffet: The Columbus Club offers this all-you-can-eat lunch buffet from 11 a.m. to 1 p.m. July 14. Cost is \$5.95 for members and \$7.95 for

Summer craft camp for girls: The skills development center is offering this camp for girls, ages 9 to 12, July 12 through July 16 from 9 a.m. to noon. Cost is \$40 per person. Deadline to register is Thursday. Call Ext.

Crafts classes: The skills development center offers youth and adult classes each month. Participants must register at least four days in advance to ensure all supplies are on hand.

Youth classes are \$4 each and are offered at 11:30 a.m., 2:30 p.m. or 4:30 p.m. class days. Upcoming classes include bank making on Wednesday, bug clips for snacks July 14, a USA pin July 21 and puzzle people pines July 28.

Adult classes are offered at 10:30 a.m., 2:30 p.m. and 6 p.m. on class days and include making fence rail flags Tuesday for \$10; a USA door decoration July 13 for \$10; a mosaic pot July 20 for \$7 and a light weight flower pot July 27 for \$15. Call Ext. 7836.

Parents' night out: The youth center and child development center offer this program from 6 to 10 p.m. July 17. For reservations, call the youth center at Ext. 2504 or the child development center at Ext. 2479.

Bowling center steak night: The bowling center offers this special from 5 to 7 p.m. July 20. Cost is \$5.95 and includes steak, french fries and garden salad. Call Ext. 2426.

Bar bingo returns: The enlisted lounge offers this program starting at 5:30 p.m. July 9. Players have one \$300 progressive jackpot game with three chances to win. The first one with a straight bingo wins \$10, next is a large picture frame for \$15 players who cover their cards in 48 numbers or less on the first night win \$300. A \$50 consolation prize is awarded for 49 or more numbers. The numbers increase by one each week. Cost is

Catfish buffet: The Columbus Club offers an all-you-\$1.50 for each three-on-one bingo card. Nonmembers

Gymnastics camp: The youth center offers gymnastics camps July 12 through July 16 for ages 3 to 8 and July 26 through July 30 for ages 9 and older.

Cost is \$30 for ages 3 to 4 and is from 9 to 10:30 a.m.; \$50 for ages 5 to 8 from 9 a.m. to noon; \$60 for the fourhour camp from 9 a.m. to 1 p.m. or \$90 for the six-hour camp from 9 a.m. to 3 p.m. Call Ext. 2504.

Summer dance camps: Three sessions of dance camp will be offered at the youth center in July. Lessons include ballet, lyrical, modern and jazz instruction and will culminate in a student demonstration on the final

Session I is July 12 through July 16 for ages 7 to 9. Session II is July 19 through July 23 for ages 10 to 12. Session III is July 26 through July 30 for ages 13 and older. Register early and receive a tuition discount. For registration information and camp details, call the youth center at Ext. 2504.

Casino trip: The information, ticket and travel office offers a trip to the Silver Star Casino July 23. Cost is \$15 and includes transportation and \$15 in coins. Call Ext.

Visionland trip: The information, ticket and travel office offers a trip to Visionland in Birmingham, Ala., July 24. Cost is \$28 per person and includes transportation and a ticket to the park. The bus will depart from Outdoor Recreation at 9 a.m. and return at 6 p.m. Call Ext. 7861.

Drop-in care available: The child development center offers drop-in care Monday through Friday from 6 a.m. to 6 p.m. Cost is \$3 per hour. To make reservations, call Ext. 2479.

Birthday Parties: The Strike Zone Lanes offers three different birthday party packages ranging in price from \$3.50 to \$4.75 per person. Stop by to pick up a brochure on what is offered with each package. Call Ext. 2426.



### The next Tiger!

Tech. Sgt. Jody Edwards, 14th Mission Support Squadron, helps Miles Hinshaw practice his putting during the Junior Golf Clinic at Whispering Pines Golf Course June 25. The golf course is offering another youth clinic Aug. 18 through Aug. 27 for ages 6 and older. Youth must register by July 30 at the pro shop. Cost is \$59.95 for Level I and includes a T-shirt, hat, set of clubs, instruction books and golf balls. For Level II youth golfers who have attended Level I, the cost is \$30 and includes T-shirt, hat, ditty bag and golf balls. Call Ext. 7932.

AROUND TOWN

July 4th service: Main Street Presbyterian Church, located on the corner of Main and 7th Streets, invites all to their special July 4th worship service. Celebrating 228 years of freedom in the United States, the service is also being held in honor of veterans and those who currently serve in the

prior enlisted and highly decorated general officer and pilot before his retirement in 1991. For more information, call

Children's acting classes: Terry Gladney, High School of Performing Arts and New York University graduate, will be instructing acting classes for children ages 8 to 16 years old from 3:30 to 5:30 p.m. Monday nights, today through July 31. Interested students under 8 years old must meet with Mr. Gladney prior to being accepted. To sign up, call the Arts Council at s328-2787.

Patriotic Praise Parade: The city of Macon, Miss., holds a Patriotic Praise Parade Saturday beginning at 10 a.m. in downtown Macon. Former hostage Tommy Hammill will serve as grand marshall. Christian and patriotic entertainment will be provided on the courthouse lawn. There will

also be food and activities for children. For more information, call the Macon City Hall at (662) 726-5847 or the Noxubee County Chamber of Commerce at (800) 487-0165.

Market Street Grill Cooking School: People are invited to join Chef Pat Morris and Chef Opal Peacock to learn how The guest speaker is retired Lt. Gen. Harry Goodall, a to make Thai food on from 6 to 8 p.m. July 13 at the Rosenzweig Arts Center. The class is \$40 per person, or students can purchase the entire cooking series of six for \$200. Reservations must be made in advance. For more information, call the Columbus Arts Council at 328-2787.

> Columbus Farmers' Market: The Columbus Farmers' Market in downtown Columbus is open through October on Tuesdays, Thursdays and Saturdays from 7 a.m. to 6 p.m. Home grown in-season vegetables, flowers, plants and homemade canned goods such as jams, jellies and pepper sauces are sold. Make a right at Zachary's on 2nd Ave — the lot is two blocks down. For more information, call 328-

> Blueberry orchard: People can pick their own blueberries at Reese Orchard in Starkville, Miss. For opening dates and times, call 324-1509.

Free computer classes: East Mississippi Community College Adult Basic Education offers free basic computer classes for adults 18 and older. For more information or to register, call 243-1985.

Silver Wings July 1, 2004

TOPS meetings: Take Off Pounds Sensibly meets every Tuesday in the 14th Civil Engineer Squadron conference room. Weigh in is 4:30 to 5 p.m. and a meeting follows from 5 to 6 p.m. The first meeting is free for new members. For more information, call Kelly Holt at 245-0975 or 328-6801.

Antebellum home tours: The Columbus Historical Society sponsors tours of antebellum homes year-round. For more information, call 329-3533.

Friday Nite Gospel Sing: This event features different local talent each month. The show takes place at the Princess Theatre on 5th Street South. Admission is \$6 per person. The show is from 7 to 9:30 p.m. and is sponsored by the McAdams Quartet. For more information, call 328-

For more event listings, visit www.columbus-ms.org.

# BARGAIN LINE

Bargain Line advertisement

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**S**PORTS 16 Silver Wings July 1, 2004

# Guard officials stress fitness, especially for deploying Airmen

Army Master Sgt. Bob Haskell National Guard Bureau

**KEYSTONE**, Colo. — Qatar is not as hot in November and December as it is in July and August; but the 80- to 90-degree days and the 40-degree nights in that small desert land between Saudi Arabia and the Persian Gulf can raise havoc with people who are not physically fit.

That is a lesson some Airmen of the New York Air National Guard at Syracuse learned for themselves in Oatar during the last two months of 2003, said Col. (Dr.) Reid Muller, commander of the 174th Fighter Wing's medical group. He is also a practicing cardiologist.

"There was a period of adjustment, and it would have been a little easier for some of the people if they had been paying better attention to their physical fitness," said Dr. Muller, who is an advocate for the Air National Guard's new fitness program.

Dr. Muller helped prepare the program that Col. Sylvia Nye is administering for 108.000 Air National Guardsmen. Colonel Nye is a nurse and fitness advocate who said she feels good physical fitness

enhances people's overall health and quali- Guard Bureau's air surgeon. "We are minute step test, abdominal circumference

The long-range benefit of the Air Guard program started last year focusing on five We're not going just to Ramstein AB in areas: body composition, cardio-respirato- Germany or to Andrews AFB in Maryland ness age program, she said. The program is ry, flexibility, muscular strength and that have all of the creature comforts, a way to determine how each Airman's fitendurance, Colonel Nye said during the Air advanced medical support Guard's Readiness Frontiers Medical

"This isn't just about taking an annual physical fitness test," Colonel Nye said. "This is about enhancing our Guard members' lifestyles. We can help people ... improve their diets and exercise programs is emphasizing improved so they will feel better about themselves and perform better in their everyday activities, thus improving their test scores."

The more pressing objective, however, is to improve the physical fitness of guardsmen who are being deployed to harsh terrain during the war on terrorism.

"Physical fitness is a command program, because commanders need to know the fitness of their people as well as their airplanes and other equipment," Colonel Nye

"We have to become a more fit force," Nye said. said Col. (Dr.) Randall Falk, the National

We're serving under austere conditions.

and neighborhood pharmacies. A fit force suffers fewer occupational injuries and illnesses.'

Air Force Chief of Staff Gen. John P. Jumper fitness for all and reserve components, so they

are ready to deploy, Colonel for all Airmen, as well as the idea that everyone develop a workout schedule for at least three times each week, Colonel

The test includes running or a three- than those who are, officials said.

deploying to rugged and remote areas. measurements, push-ups, sit-ups and

Guardsmen go a step further with the fit-

ness score compares with their chronological ages.

The average age for the 67,000 people tested last year was 36. Colonel Nye said. The average fitness age was also 36, she said.

That is a pretty good sign that, overall, guardsmen are in pretty good physical condition: but fitness is a personal matter, and some peo-

ple are in considerably better shape than others, Colonel Nye said.

Those who are not physically fit may find the adjustment considerably harder in hot or cold or high-altitude environments





With only four more regular season game days remaining, eight Columbus AFB intramural softball teams are left standing. In rank order, they are: LG, OSS, CES #1, 37th FTS, 48th FTS, CES #2, SFS and the Blazettes.

Intramural softball playoffs begin July 13. For game schedules, team rankings and more information about Columbus AFB intramural sports, visit the fitness and sports center Web page at www.cafbser vices.com/fitness/leagues.html.

# SHORTS

#### Go 4th 5K run/1.5 mile walk

This event begins at 7 a.m. Saturday on the runway behind the base operations operations building. People may still register the day of the run. Call Ext. 2772.

#### Stars & Stripes fun run

This fun run begins at 7 a.m. July 16 at the fitness center. Call Ext. 2772.

#### British soccer camp

This camp, for ages 6 to 16, is from 8 to 11 a.m. and 5 to 8 p.m. July 12 through July 16 at the youth center. Participants must register by July 2. Call Ext. 2504.

#### Golf tournament

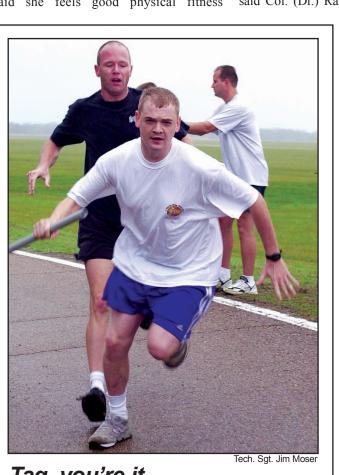
The British Open Golf Tournament is July 17 and July 18 at Whispering Pines Golf Course. Entry is \$10 for members and \$10 plus green fees for nonmembers. Players must pick their tour plays by 9 a.m. July 17. Call Ext. 7932.

#### Cosmic no-tap tourney

This tournament is at 7 p.m. July 23 at the bowling center. Entry is \$10 per person. Call Ext. 2426.

#### Circuit class change

The fitness center's force circuit class days have changed. Effective July 28, the classes are from noon to 12:45 p.m. Tuesdays and Thursdays. For more information, call Ext. 2772.



## Tag, you're it

Shawn Naus and James Bratton, 14th Mission Support Group, complete a hand-off during the support group's Summer Olympics 10-mile Perimeter Run Relay. The next Summer Olympics event is a volleyball tournament July 16. For more information, call Ext. 7663.